

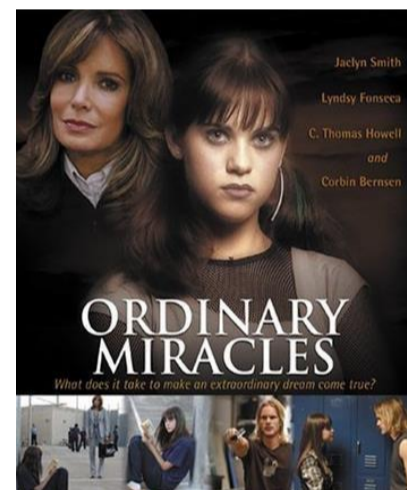
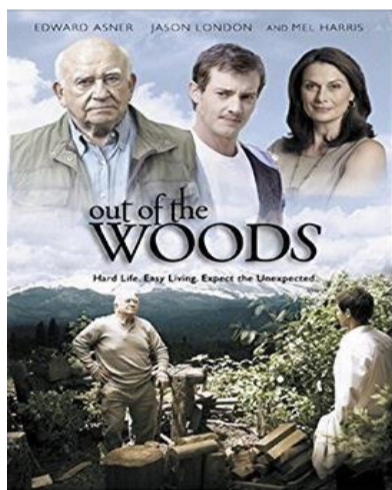
COME...GROW...DISCOVER

An Intergenerational Journeying Film Series

Movies and Buddhism intersect with U&U!

Utilizing film, journaling, and the book *My Spiritual Journey* by Dalai Lama this intergenerational course, which will meet seven times, is open to anyone from the ages of 14 to 30ish and 60 to 75ish. The purpose of this course is to share our spiritual journey with one another and learn about our generational similarities and ways we can help each other in our journeying process to enliven our spiritual lives.

Each time we meet (see the dates outlined below) we will share a film (the first hour and half) and a section of the book and explore questions (the rest of our time together) that cause us to look more deeply into our inner awareness and its growing value in our lives. Come and explore, share questions and insights, and be amazed! I can guarantee we will have much fun through our shared time together.



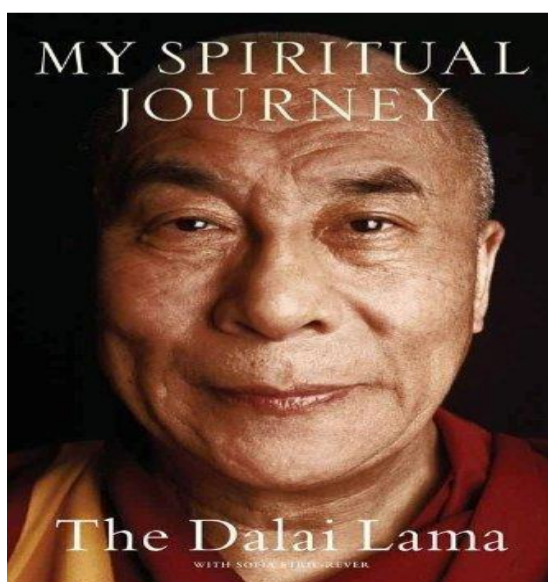
FILMS TO BE VIEWED

DATES FOR OUR MEETINGS:

Class will meet on Sundays from 4-6PM
In Fiske Hall at The Universalist Church
March 12, 19, and 26th
April 23rd
May 7, 14, 28

DURING THE 7 MEETINGS:

Out of the Woods	Ordinary Miracles
Wilma	Fences
Peaceful Warrior	O'Hara's Wife
The Great Debates	



BOOK-USE OUTLINE for our 7 MEETINGS:

1. "Our Common Humanity", Preface, Forward and pp. 1-30
2. "My Lives Without Beginning or End", pp. 31-72
3. "Transforming Oneself", pp. 73-102
4. "Transforming the World", pp. 103-132
5. "Taking Care of the Earth", pp. 133-162
6. "I Appeal to All the Peoples of the World", pp. 199-256
7. "I Place My Hope in the Human Heart", pp. 257-280

